

	Morning Routine	Mealtime	Homework	Evening Routine	Free Time
POSITIVE RELATIONSHIPS	-Try a morning smile and a "Good Morning" to your family.	-Help family getting ready for meals (set table). -Use kind and polite words. -Recognize your mistakes and apologize	-Be responsible and complete your homework independently and to the best of your ability.	-End your day with nice words and thoughts. -Share your day with your family	-Use kind words to adults and peers during activities.
RESPECT	-Listen to adults -Be quick in the bathroom so others may have a turn.	-Use good manners and say please and thank you. -Show appreciation to people who prepared the meal.	-If needed, ask for help politely. -Thank people that help you.	-Listen to adults -Go to bed at bedtime. -Be quick in the bathroom so others may have a turn.	-Listen to adults in your home and community.
DEMONSTRATE OWNERSHIP	-Get up on time and get ready for school. -Make your bed. -Leave for school on time. -Put on your ID.	-Clean up and help with the dishes. -Use your napkin.	-Put homework away neatly in backpack and clean up area. -Complete your homework on time.	-Set your alarm clock before bed. -Get clothes ready for morning. -Charge your I-Pad -Decide about lunch the next day.	-Clean up after yourself. -Follow established family rules for free time.
ENGAGED IN LEARNING	-Eat breakfast. -Be prepared and check your backpack for a charged I pad, homework/important papers.	-Ask polite questions to find out the thoughts and feelings of family members. -Listen at the table.	-Do your best! -Check your agenda.	-Read before bedtime. -Watch a show together with your family. -Talk and listen with family members.	-Find activities related to your interests.