

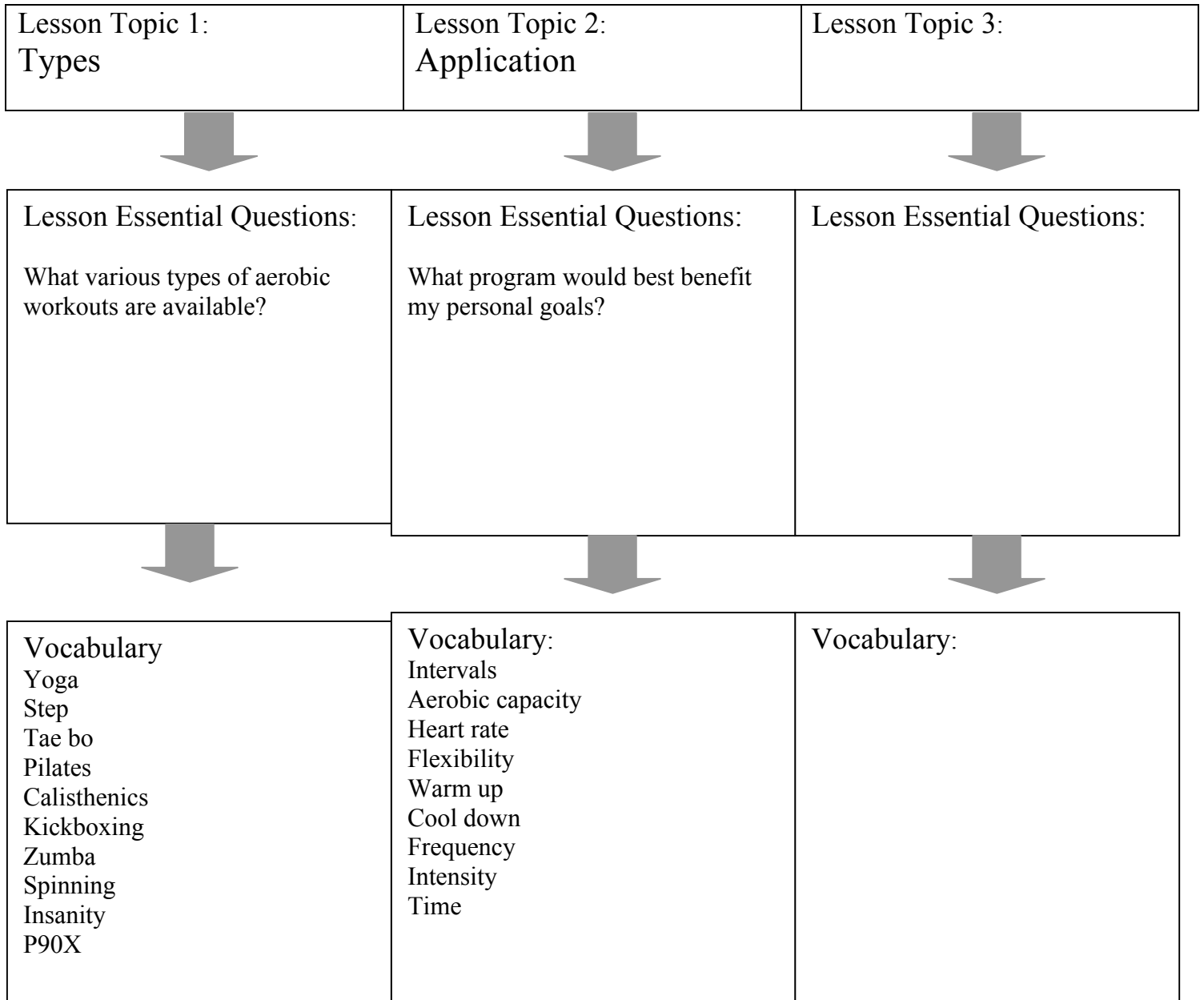
Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Aerobics

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What aerobic modalities will best benefit personal goals?



Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Basketball

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in basketball?

Lesson Topic 1: Defense	Lesson Topic 2: Offense	Lesson Topic 3: Game strategies and etiquette
----------------------------	----------------------------	---

Lesson Essential Questions: What are the primary defensive skills used in basketball?	Lesson Essential Questions: What offensive skills are necessary to effectively participate in basketball?	Lesson Essential Questions: What types of strategies can be used to play a game of basketball?
--	--	---

Vocabulary Slide Block Steal Teamwork Communication	Vocabulary: Dribble Pass Shoot Layup Jump shot Free throw Teamwork Communication	Vocabulary: Man to man Zone Screen Pick and roll Give and go Spacing V-cut Player position Teamwork Communication
--	--	---

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Buka Ball

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in Buka Ball?

Lesson Topic 1: Defense	Lesson Topic 2: Offense	Lesson Topic 3: Game strategies and etiquette
----------------------------	----------------------------	---

Lesson Essential Questions: What are the primary defensive skills used in buka ball?	Lesson Essential Questions: What offensive skills are necessary to effectively participate in buka ball?	Lesson Essential Questions: What types of strategies can be used to play a game of buka ball?
---	---	--

Vocabulary Strike Dig Trap Teamwork Communication	Vocabulary: Spike Header Thigh Laces Instep Outstep Serve Toss Teamwork Communication	Vocabulary: Screen Rotation Defensive position Player position Teamwork communication
--	---	--

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Evasion Games

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in evasion games?

Lesson Topic 1:
Defense

Lesson Topic 2:
Offense

Lesson Topic 3:
Game strategies and
etiquette

Lesson Essential Questions:

What are the primary defensive skills used in evasion games?

Lesson Essential Questions:

What offensive skills are necessary to effectively participate in evasion games?

Lesson Essential Questions:

What types of strategies can be used to play a game of evasion games?

Vocabulary

Catching
Dodge
Dive
Duck
Teamwork
Communication

Vocabulary:

Overhand throw
Underhand throw
Side arm throw
Kamikaze
Teamwork
Communication

Vocabulary:

Aim low
Pick off
Screen
Rolling ball
Two ball
Teamwork
Communication

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Fitness Testing

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong fitness.

Unit Essential Question:
Why is fitness testing pertinent to overall well being?

Lesson Topic 1: 5 components of fitness	Lesson Topic 2:	Lesson Topic 3:
Lesson Essential Questions: Why is fitness testing pertinent to overall well-being?	Lesson Essential Questions:	Lesson Essential Questions:
Vocabulary Muscular endurance Muscular strength Cardiovascular endurance Flexibility Agility	Vocabulary:	Vocabulary:

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 11-12 Wellness

Unit: Frisbee Golf

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in Frisbee golf?

<p>Lesson Topic 1: Frisbees</p>	<p>Lesson Topic 2: Specialty shots</p>	<p>Lesson Topic 3: Strategies and etiquette</p>
<p>Lesson Essential Questions:</p> <p>What are the primary clubs and strokes used in a round of Frisbee golf?</p>	<p>Lesson Essential Questions:</p> <p>What specialty shots can be utilized in a round of Frisbee golf?</p>	<p>Lesson Essential Questions:</p> <p>What types of strategies can be used in a round of Frisbee golf?</p>
<p>Vocabulary</p> <p>Disc Putter Driver Mid-range Lie</p>	<p>Vocabulary:</p> <p>Forehand Backhand Sidearm Baseball Grenade Overhead backhand</p>	<p>Vocabulary:</p> <p>Know the course Lay up</p>

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 11-12 Wellness

Unit: Golf

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in golf?

Lesson Topic 1: Clubs/Strokes	Lesson Topic 2: Specialty shots	Lesson Topic 3: Golf strategies and etiquette
Lesson Essential Questions: What are the primary clubs and strokes used in a round of golf?	Lesson Essential Questions: What specialty shots can be utilized in a round of golf?	Lesson Essential Questions: What types of strategies can be used in a round of golf?
Vocabulary Irons Woods Wedges Putter Drive Shot Put	Vocabulary: Fade Hook Lob Flop Draw	Vocabulary: Know the course Lay up Go for the green Use fairways Proper club use Stay clear of golfers lines Quiet

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: European Handball

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in handball?

Lesson Topic 1: Defense	Lesson Topic 2: Offense	Lesson Topic 3: Game strategies and etiquette
----------------------------	----------------------------	---

Lesson Essential Questions: What are the primary defensive skills used in handball?	Lesson Essential Questions: What offensive skills are necessary to effectively participate in handball?	Lesson Essential Questions: What types of strategies can be used to play a game of handball?
--	--	---

Vocabulary Slide Block Steal Intercept Teamwork Communication	Vocabulary: Dribble Pass Shoot Teamwork Communication	Vocabulary: Man to man Zone Goalie Screen Give and go Spacing Player position Teamwork Communication
---	--	---

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellness Unit: Racquet sports

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in racquet sports?

Lesson Topic 1:
Racquet/shots

Lesson Topic 2:
Game Rules

Lesson Topic 3:
Strategies and etiquette

Lesson Essential Questions:
What are the primary shots used in racquet sports?

Lesson Essential Questions:
What rules apply to racquet sports?

Lesson Essential Questions:
What types of strategies can be used in racquet sports?

Vocabulary:
Forehand
Backhand
Smash
Lob
Drop
Serve
Overhand serve
Drop serve

Vocabulary:
Score
Boundaries
Doubles
Singles
Love
Service box
Cross court serve

Vocabulary:
Baseliner
Volleys
Net approach
Know opponents weakest shot

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Softball

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in softball?

Lesson Topic 1: Defense	Lesson Topic 2: Offense	Lesson Topic 3: Game strategies and etiquette
----------------------------	----------------------------	---

Lesson Essential Questions: What are the primary defensive skills used in softball?	Lesson Essential Questions: What offensive skills are necessary to effectively participate in softball?	Lesson Essential Questions: What types of strategies can be used to play a game of softball?
--	--	---

Vocabulary Glove Defensive position Catch Throw Infield Outfield Cutoff Teamwork Communication	Vocabulary: Batter Bunt Slap Hit Base running Steal Slide Teamwork Communication	Vocabulary: Bunting Slapping Sacrifice fly Player position Teamwork Communication
---	---	---

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Speedball

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation.

Unit Essential Question:
What basic skills are necessary to participate in speedball?

Lesson Topic 1: Defense	Lesson Topic 2: Offense	Lesson Topic 3: Game strategies and etiquette
----------------------------	----------------------------	---

Lesson Essential Questions: What are the primary defensive skills used in speedball?	Lesson Essential Questions: What offensive skills are necessary to effectively participate in speedball?	Lesson Essential Questions: What types of strategies can be used to play a game of speedball?
---	---	--

Vocabulary Slide Block Steal Intercept Tackle (foot) Teamwork Communication	Vocabulary: Dribble Pass Shoot Layup Jumpshot Laces Instep Teamwork Communication	Vocabulary: Man to man Zone Goalie Screen Pick and roll Give and go Spacing Player position Teamwork Communication
--	--	--

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellness

Unit: Volleyball

Key Learning: Students will learn key skills of movement concepts to promote personal lifelong participation

Unit Essential Question:
What basic skills are necessary to participate in volleyball?

<p>Lesson Topic 1: Defense</p>	<p>Lesson Topic 2: Offense</p>	<p>Lesson Topic 3: Game strategies and etiquette</p>
<p>Lesson Essential Questions: What are the primary defensive skills used in volleyball?</p>	<p>Lesson Essential Questions: What offensive skills are necessary to effectively participate in volleyball?</p>	<p>Lesson Essential Questions: What types of strategies can be used to play a game of volleyball?</p>
<p>Vocabulary Block Bump Dig Hand Grip Open Skills Communication Teamwork</p>	<p>Vocabulary: Bump Set Spike Serve Communication Teamwork</p>	<p>Vocabulary: Rotation Screen Defensive position Player positioning</p>

Note: For more concepts, use this same template but change Lesson Topic #. Remember to save new unit files under a different name.

Student Learning Map

Grade/Course: 9-12 Phys Ed and Wellnes

Unit: Weightroom

Key Learning: Creation of a fitness plan based on health and skill related components of fitness.

Unit Essential Question:
What exercises will best benefit me for lifelong fitness?

