

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Course/Subject: FCS/FCS Basics
Topic: Personal Development

Days: 90
Grade Level: 9-12

Key Learning: I must understand who I am in order to have a happy, successful, productive life



Unit Essential Question: How do practical reasoning, decision making, and goal setting relate to personal development?

Concept Practical Reasoning	Concept Decision Making	Concept Goal Setting
Standards: 11.2.9.A	Standards: 11.2.12.A	Standards: 11.2.9.B; 11.2.9.H
↓	↓	↓
Lesson Essential Question What is the relationship between practical reasoning and a ripple effect?	Lesson Essential Question How does using the decision-making model impact situations?	Lesson Essential Question Why is methodically setting goals important to achieving desired actual results?
↓	↓	↓
Vocabulary Practical reasoning (model) Ripple effect Essential Accountability	Vocabulary Alternatives Resources Differentiate	Vocabulary Methodically Wants Needs SMART model

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Concept: Personality Development; Communication; and Relationships	Concept Getting a Job and a Paycheck	Concept
Standards: 11.2.3,6,9.H	Standards: 11.1.9&12.E	Standards:
↓	↓	↓
Lesson Essential Question How does personality affect relationships and interpersonal communication?	Lesson Essential Question Why is getting a job and understanding my paycheck important?	Lesson Essential Question
↓	↓	↓
Vocabulary I messages Active Listening Empathy Feedback Placating Blaming Distracting Intellectualizing asserting	Vocabulary Opportunity cost Fringe benefits Gross income Taxable income W-2 form Income tax form W-4's	Vocabulary

Additional Information/Resources: Teen Living; Teacher produced resource pages
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EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Course/Subject: FCS/FCS Basics
Topic: Financial Fitness and
Personal Finance Management

Days: 90
Grade Level: 9-12

Key Learning: Personal Finance Management should begin during childhood and last a lifetime



Unit Essential Question: What is financial fitness?

Concept Managing Money	Concept Banking Essentials	Concept Wise use of Credit
Standards: 11.1.9.B	Standards: 11.1.9.B	Standards: 11.1.9.B
↓	↓	↓
Lesson Essential Question How does creating a spending plan affect money management?	Lesson Essential Question How does understanding checking and saving affect money management?	Lesson Essential Question How can wise use of credit affect money management?
↓	↓	↓
Vocabulary Spending plan Disposable income Fixed expenses Flexible expenses	Vocabulary Types of Financial Institutions, Checking, and Savings Accounts Debit Credit Bank statement Reconciling accounts	Vocabulary Credit and Debit cards APR Fees for credit use Types of loans Credit Reports and Scores Credit Reporting Agencies

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Concept Consumer Fraud and Identity Theft	Concept	Concept
Standards: 11.1.9.D	Standards:	Standards:
↓	↓	↓
Lesson Essential Question How can I identify, protect myself, and possibly resolve consumer fraud or identity theft?	Lesson Essential Question	Lesson Essential Question
↓	↓	↓
Vocabulary Fraud Identity theft Government Agencies Consumer Protection Agencies	Vocabulary	Vocabulary

<u>Additional Information/Resources:</u>

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Course/Subject: FCS/FCS Basics
Topic: Consumerism

Days: 90
Grade Level: 9-12

Key Learning: Wise consumer practices involve rights, responsibilities, and protection by and of individuals



Unit Essential Question: What does being a wise consumer mean to me personally?

<p>Concept Consumer Rights, Responsibilities, and Protection</p>	<p>Concept Buying a Car Using On-Line, Comparison Shopping</p>	<p>Concept Family Budgets Community Aid for Families</p>
<p>Standards: 11.1.9&12.D</p>	<p>Standards: 11.1.9&12.F</p>	<p>Standards: 11.1.6.B and 11.2.9&12.B 11.1.3,6,9,12.G</p>
↓	↓	↓
<p>Lesson Essential Question How does knowing that along with consumer rights comes responsibility help protect the individual consumer?</p>	<p>Lesson Essential Question How does comparison shopping aid successful car buying?</p>	<p>Lesson Essential Question How do I develop an appropriate family budget incorporating community resources if needed?</p>
↓	↓	↓
<p>Vocabulary Consumer rights and responsibilities Government agencies Consumer protection agencies Consumer action groups</p>	<p>Vocabulary Consumer shopping strategies</p>	<p>Vocabulary Family budget basics Types of resources Lifespan Public, nonpublic, and for-profit service providers</p>

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Concept Goods and Services	Concept Consumer Housing	Concept Emerging Technology
Standards: 11.1.6.D; 11.1.6.F	Standards: 11.1.12.C; 11.2.6,9,12.D	Standards: 11.2.12.E
↓	↓	↓
Lesson Essential Question What skills are involved in both choosing and maintaining quality goods and services?	Lesson Essential Question How do I choose a place to live and plan spaces?	Lesson Essential Question What is the availability and the use impact of emerging technology on individuals and families?
↓	↓	↓
Vocabulary Goods Services Care instructions Safety precautions Practices for use or repair	Vocabulary Reading classifieds Floor plans Special needs issues	Vocabulary Technology

Additional Information/Resources:

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Course/Subject: FCS/FCS Basics
Topic: Personal Wellness

Days: 90
Grade Level: 9-12

Key Learning

Good health and lifetime wellness is the result of building good eating habits using nutrition knowledge and meal management.



Unit Essential Question

How do you build a nutrition foundation for lifetime health and wellness?

Concept My Plate	Concept Physical Activity	Concept Diet Analysis and Menu Planning
Standards: 11.3.6&12.C	Standards: 11.3.6&9.E	Standards: 11.3.3,6,9,12.D 11.3.9&12.F
↓	↓	↓
Lesson Essential Question How does using technology and choosemyplate.gov lead to better health?	Lesson Essential Question How can I personally add physical activity to my daily routine?	Lesson Essential Question Why is it important to use a diet analysis tool before planning a meal or creating daily menus?
↓	↓	↓
Vocabulary Choosemyplate.gov use Diet analysis	Vocabulary Physical activity vs Exercise Calories metabolism	Vocabulary Diet analysis Meal management

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Concept Food Labels and Breakfast	Concept	Concept
Standards: 11.3.6&9.A	Standards:	Standards:
↓	↓	↓
Lesson Essential Question How can reading food labels lead to a eating a healthy breakfast?	Lesson Essential Question	Lesson Essential Question
↓	↓	↓
Vocabulary Nutrition facts Serving size Amount per serving Standard notations 6 main nutrients Ingredient list Cholesterol Sodium % DV empty calories enriched fortified nutrient dense fiber whole grains	Vocabulary	Vocabulary

Additional Information/Resources:
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EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Course/Subject: FCS/FCS Basics
Topic: Kitchen Basics

Days: 90
Grade Level: 9-12

Key Learning: Working in a kitchen requires safety, sanitation, equipment, and conservation knowledge.



Unit Essential Question: How do basic kitchen practices and equipment used affect work in the foods lab kitchen?

<p>Concept: Safety, Sanitation, and Food Borne Illnesses</p>	<p>Concept Preparing to Cook</p>	<p>Concept Healthy Cooking</p>
<p>Standards: 11.3.3,6,9,12.B</p>	<p>Standards: 11.3.3&6.F; 11.2.9&12.C</p>	<p>Standards: 11.1.9.A; 11.3.6&12.F; 11.3.3,6,9.G</p>
↓	↓	↓
<p>Lesson Essential Question How does practicing kitchen safety and sanitation aid in preventing food borne illnesses?</p>	<p>Lesson Essential Question How do kitchen basics equate to correct use of food preparation procedures, teamwork, and leadership skills?</p>	<p>Lesson Essential Question What practices constitute successful, productive foods labs?</p>
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<p>Vocabulary CPR Heimlich Maneuver Polarized plugs Hazardous Ultra-concentrated Sanitize and 20-second Personal hygiene Cross-contamination Food borne illness Freezer burn FDA GRAS list Internal temperature Danger zone Irradiation Pasteurization Spores, toxins, bacteria</p>	<p>Vocabulary 40 Equipment picture names Equivalents Volume Weight Yield *F and *C and formulas Dash, pinch, scant, heaping, rounded Meniscus, taring, Water displacement method Parts of a recipe</p>	<p>Vocabulary 4 R's of conservation Definitions of food prep terms for specific recipes Lab Duty form Lab Report form Qualities of a good leader or meal manager</p>

EASTERN LEBANON COUNTY SCHOOL DISTRICT
STUDENT LEARNING MAP

Staph, salmonella, e-coli, botulism		
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<u>Concept</u>	<u>Concept</u>	<u>Concept</u>
<u>Standards:</u>	<u>Standards:</u>	<u>Standards:</u>
↓	↓	↓
<u>Lesson Essential Question</u>	<u>Lesson Essential Question</u>	<u>Lesson Essential Question</u>
↓	↓	↓
<u>Vocabulary</u>	<u>Vocabulary</u>	<u>Vocabulary</u>

<u>Additional Information/Resources:</u>
