

BOOKS FOR PARENTS OF MIDDLE SCHOOL CHILDREN

General Parenting

Stop Struggling with your Teen, Evonne Weinhaus

Healthy Parenting, Janet Woititz

Surviving your Adolescent, How to Manage and Let Go of Your 13-18 Year Old,
Thomas Phelan, PhD

Raising Cain, Kindlon & Thompson

Raising your Spirited Child, Mary Shady Kurcinka

Children the Challenge, Theodor Dreikurs, MD

1,2,3 Magic Thomas Phelan, PhD

Parenting Today's Adolescent Helping Your Child Avoid The Traps Of The Preteen And
Teen Years
by Dennis Rainey (Author), et al (Paperback -- March 5, 2002)

*Unhappy Teenagers: A Way for Parents and Teachers to Reach Them
by William Glasser (Author) (Hardcover -- April 30, 2002)

Daily Reflections for Highly Effective Teens
by Sean Covey (Paperback -- November 16, 1999)

Study Guide to Accompany the Developing Person: Through Childhood and Adolescence
by Kathleen Stassen Berger, Richard O. Straub (Paperback -- February 2000)

The Seven Cries of Today's Teens: Hearing Their Hearts, Making the Connection
by Tim Smith, et al (Paperback -- February 2003)

On Becoming Preteen Wise: Parenting Your Child from 8-12 Years
by Gary Ezzo, et al (Paperback -- November 2001)

*Real Teens: A Contemporary Snapshot of Youth Culture
by George Barna (Paperback -- October 2001)

Teenagers: Preparing for the Real World
by Chad Foster (Paperback -- May 1995)

The Hurried Child: Growing Up Too Fast Too Soon (3rd edition)
by David Elkind, Ph.D., David Elkind (Paperback -- April 10, 2001)

Positive Peer Culture
by Harry H. Vorrath, Larry K. Brendtro (Paperback -- June 1985)

Yes, Your Teen Is Crazy! Loving Your Kid Without Losing Your Mind
by Michael J. Bradley, Carroll O'Connor (Hardcover -- September 2001)

*Our Last Best Shot: Guiding Our Children Through Early Adolescence
by Laura Sessions Stepp (Paperback -- August 7, 2001)

Your Ten to Fourteen Year Old
by Louise Bates Ames, et al (Paperback -- March 1989)

*How to Talk So Kids Will Listen and Listen So Kids Will Talk : 20th Anniversary
Edition
by Adele Faber (Author), Elaine Mazlish (Author) (Paperback -- October 5, 1999)

*Staying Connected to Your Teenager: How to Keep Them Talking to You and How to
Hear What They're Really Saying
by Michael Riera (Paperback -- April 15, 2003)

Uncommon Sense for Parents With Teenagers
by Michael Riera (Paperback -- May 1995)

*Get Out of My Life, but First Could You Drive Me & Cheryl to the Mall: A Parent's
Guide to the New Teenager, Revised and Updated
by Anthony E. Wolf (Paperback -- August 1, 2002)

Parenting Teens With Love & Logic: Preparing Adolescents for Responsible Adulthood
by Fay Jim, et al (Hardcover -- July 1993)

Kick Me: Adventures in Adolescence
by Paul Feig (Paperback -- September 24, 2002)

*The Freedom Writers Diary : How a Teacher and 150 Teens Used Writing to Change
Themselves and the World Around Them
by Freedom Writers, Zlata Filipovic (Paperback -- October 12, 1999)

The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About
Our Kids
by Barbara Strauch (Hardcover -- March 18, 2003)

Preparing for Adolescence
by James C. Dobson (Paperback -- July 1999)

The Five Love Languages of Teenagers
by Gary Chapman (Paperback -- March 2001)

Parenting Teenagers: Systematic Training for Effective Parenting of Teens (STEP)
by Sr. Don Dinkmeyer, et al (Paperback -- 1998)

A Tribe Apart: A Journey into the Heart of American Adolescence (Ballantine Reader's Circle)
by Patricia Hersch (Preface) (Paperback -- August 1999)

ADD

The ADD Hyperactivity Handbook for Schools, Harvey Parker PhD (for teachers)

Add Success Stories, Thom Hartman

Teenagers With ADD: A Parents' Guide (The Special-Needs Collection)
by Chris A. Zeigler Dendy, Chris A. Zeigler Dendy (Paperback -- October 1995)

Adoption

Journey of the Adopted Self, Betty Jean Lifton

How I was Adopted, Joanna Cole

Anger Management

When Anger Hurts by McCay, Rogers and McCay

When Families Fight, by Rubin and Rubin

The Dance of Anger, Lerner

Anger the Misunderstood Emotion, Tavis

Don't Pop Your Cork on Monday, Moser

Anger: How to Help Children and Teens Manage Their Anger
by Bernard, Ph.D. Golden (Hardcover -- November 2002)

The Very Angry Day that Amy didn't have, Lawrence Shapiro PhD (for kids)

Bringing up Parents, The Teenager's Handbook, Alex J. Packer, PhD

Sometimes I Drive My Mom Crazy, But I Know She's Crazy About Me

Everything I Do You Blame on Me, Allyson Aborn (for kids)

My Life Turned Upside Down

Sometimes I Like to Fight, but I Don't Do It Much Anymore, Lawrence E. Shapiro (for kids)

Aspergers' Syndrome

Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World

by Teresa, Ph.D. Bolick, Kimberly Marooney (Hardcover -- September 2001)

Discipline

The Pre-Referral Intervention Manual, Stephen B. McCarney, Ed.D & Kathy Cumins, MeD (for teachers)

Effective Discipline, 2 through 12, Thomas Phelan PhD

Positive Discipline for Teenagers: Empowering Your Teens and Yourself Through Kind and Firm Parenting

by Jane Nelson Lynn Lott (Paperback -- April 2000)

Parents Teens and Boundaries: How to Draw the Line

by Jane, Ph.D. Bluestein (Paperback -- December 1993)

Parent in Control

by Gregory Bodenhamer, Betsy Radin (Editor) (Paperback -- October 1995)

Surviving Your Adolescents: How to Manage and Let Go of Your 13-18 Year Olds

by Thomas W. Phelan Ph.D. (Paperback -- October 1998)

For Such a Time as This: The Disciplines of Destiny

by Lisa Ryan (Author) (Paperback -- July 30, 2001)

Divorce

Dinosaurs' Divorce, Laurene Brown

Help, A Girl's Guide to Divorce, American Girl Library

Drugs/Alcohol

Choices and Consequences, What to do when your teen uses drugs and alcohol, Dick Schaefer

Adolescent Girls

*But I Love Him: Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships

by Jill Murray (Author) (Paperback -- September 18, 2001)

*Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence by Rosalind Wiseman (Paperback -- March 4, 2003)

*Reviving Ophelia: Saving the Selves of Adolescent Girls (Ballantine Reader's Circle) by Mary Pipher (Mass Market Paperback -- October 1, 2002)

*Odd Girl Out: The Hidden Culture of Aggression in Girls by Rachel Simmons (Paperback -- April 2003)

*I'm Not Mad, I Just Hate You!: A New Understanding of Mother-Daughter Conflict by Roni Cohen, Phd Sandler, et al (Paperback -- February 28, 2000)

Schoolgirls: Young Women, Self-Esteem, and the Confidence Gap by Peggy Orenstein (Paperback -- October 1995)

When We're In Public, Pretend You Don't Know Me: Surviving Your Daughter's Adolescence so You Don't Look like an Idiot and She Still Talks to You by Susan Borowitz (Paperback -- April 2003)

*Ophelia Speaks : Adolescent Girls Write About Their Search for Self by Sara Shandler (Author) (Paperback -- June 1999)

YELL-Oh Girls! Emerging Voices Explore Culture, Identity, and Growing Up Asian American by Vickie Nam (Author) (Paperback -- August 2001)

Girls on the Verge by Vendela Vida (Paperback -- June 2000)

*The Body Project: An Intimate History of American Girls by Joan Jacobs Brumberg (Paperback -- October 1998)

Before She Gets Her Period: Talking With Your Daughter About Menstruation

by Jessica B. Gillooly, et al (Paperback -- May 1998)

Best Little Grl in the World, Steven Levenkron

Adolescent Boys

Real Boys: Rescuing Our Sons from the Myths of Boyhood
by William S. Pollack (Paperback -- April 1999)

A Fine Young Man: What Parents, Mentors, and Educators Can Do to Shape Adolescent Boys in Exceptional Men
by Michael Gurian (Paperback -- April 1, 1999)

The WAR AGAINST BOYS: How Misguided Feminism Is Harming Our Young Men
by Christina Hoff Sommers (Paperback -- June 2001)

Disabilities

Survival Guide for Kids with Learning Disabilities, Gary Fisher, PhD

Beyond Maladies and Remedies: Suggestions and guidelines for adapting materials for students with special needs in the regular classroom, R. Hunt Riegel, PhD (for teachers)

Eating Disorders

When Food is Love, Geneen Roth

Surviving and Eating Disorder: Strategies for Families and Friends, Siegal, Brisner & Weinshel

Homework

Ending the Homework Hassle, John Rosemond, MD

Driven to Distraction, Hallowell

Self-Esteem

Your Child's Self Esteem, Corkville-Briggs

Don't Rant & Rave on Wednesday's: A Self Esteem Book to Help Children Control their Anger, Adolph Moser

Sexuality

The Underground Guide to Teenage Sexuality: An Essential Handbook for Today's Teens
& Parents

by Michael J. Basso (Paperback -- April 1997)

Sibling Rivalry

Siblings Without Rivalry, Adele Faber & Elaine Mazlish